

5. If you are a woman, have you been a helper to the men in your life? Why or why not? If you are a man, have you been a hard person to help? Explain.

6. How do single women live out their purpose of “helping” through their singleness?

7. God created men and women distinctly different? What do you think was God’s purpose in creating men and women differently? How has our culture bucked God’s design in this area?

Digging Deeper

Men, what woman has been most influential in your life? What made them influence you in the way they have? Women, what man has been most influential in your life? What made them influence you in the way they have? Spend some time and determine if you are helping and influencing someone else. Ask God to reveal areas of your life that keep you from being the helper to others that you need to be.